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safeguardingpartnership.org

PAN-LANCS SAFER SLEEP WEBINAR

The Pan-Lancashire Safer Sleep Subgroup are running a one hour webinar covering the safest sleep place, unsafe products and the work they are currently doing across Pan-Lancashire.

The webinar will take place on **14th March 2024** from **2pm-3pm** and is open to any healthcare professionals who would find it useful.

To book a place on the webinar, please use this link – **[Safer Sleep Webinar](#)**.

SAFER SLEEP WEEK 11-17th MARCH 2024



Safer Sleep Week is The Lullaby Trust's national awareness campaign to raise awareness of sudden infant death syndrome (SIDS) and the simple advice that reduces the risk of it occurring.

The theme this year is '**the safest place**'. This will include:

- How to create a safe sleep space
- How to protect babies' airways
- Help parents and carers make safe choices with sleeping products
- How to reduce the risk of suffocation and SIDS

THE FOLLOWING PRODUCT RECOMMENDATIONS COME FROM THE LULLABY TRUST AND THE NHS START FOR LIFE WEBSITE



RECOMMENDED

- COT OR MOSES BASKET
- PORTABLE SLEEP SPACE, SUCH AS A TRAVEL COT
- FIRM MATTRESS
- SLEEPING BAG OR BLANKETS AND SHEETS
- ROOM THERMOMETER
- CAR SEAT



NOT RECOMMENDED

- PODS OR NESTS
- PILLOWS
- DUVETS
- THICK BEDDING
- COT BUMPERS
- HAMMOCKS
- SLEEP POSITIONERS

SLEEPING BAG TOGS

- 2.5 TOG: FOR ROOM TEMP OF 16-20C
- 1.0 TOG: FOR ROOM TEMP OF 20-24C
- 0.5 TOG: FOR ROOM TEMP OF 24C+

CLOTHING SHOULD BE ADJUSTED DEPENDING ON WEATHER AND NO OTHER BEDDING SHOULD BE USED



BRITISH SAFETY NUMBERS



COTS - BS EN 716:2017

MOSES BASKETS, CARRY COTS - BS EN 1466:2014

BEDSIDE CRIBS - BS EN 1130:2019

MATTRESSES - BS 7177:2008+A1:2011

CAR SEAT - ECE REGULATION 44.04 (OR R 44.03) OR TO THE NEW I-SIZE REGULATION, R129. LOOK FOR THE 'E' MARK LABEL ON THE SEAT

SLEEPBAGS - BS EN 16781:2018



Crochet Moses Basket



THE LULLABY TRUST WAS CONTACTED REGARDING THE SAFETY OF CROCHET MOSES BASKETS, THEIR RESPONSE IS AS FOLLOWS:

IT WOULD NEED TO CONFORM TO ALL REQUIRED BRITISH SAFETY STANDARDS AND HAVE A MATTRESS THAT FITTED CORRECTLY.

WE STRONGLY ADVISE THAT ANY PRODUCT CHOSEN COMPLIES WITH BRITISH STANDARDS AND THAT THE MANUFACTURER'S GUIDANCE THAT COMES WITH THE PRODUCT IS FOLLOWED AND THAT IT IS USED AS THE MANUFACTURER INTENDED AND AS THE PRODUCT HAS BEEN SAFETY CHECKED FOR.

OUR SAFER SLEEP ADVICE BASED ON RESEARCH IS THAT THE SAFEST SLEEPING ENVIRONMENT FOR A BABY IS ON A FIRM, FLAT SEPARATE SLEEP PLACE WITH A WATERPROOF MATTRESS.

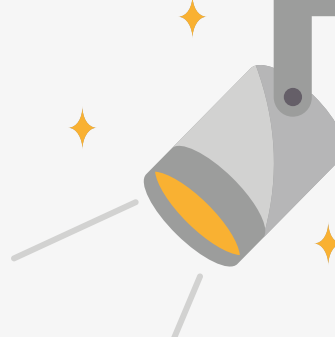
WE HAVE A CLEAR COT POLICY AND DON'T RECOMMEND THE USE OF ANYTHING ADDITIONAL IN THE COT SUCH AS PILLOWS, TOYS, COMFORTERS ETC. AS THIS CAN LEAD TO HEAD COVERING OR RISK OF SUFFOCATION.



IF YOU NEED FURTHER INFORMATION OR GUIDANCE ON A PRODUCT THAT IS NOT IN THE PRODUCT GUIDE, PLEASE EMAIL INFO@LULLABYTRUST.ORG.UK



SPOTLIGHT WORK



Blackburn with Darwen Borough Council's Cot Bed Referral Pathway

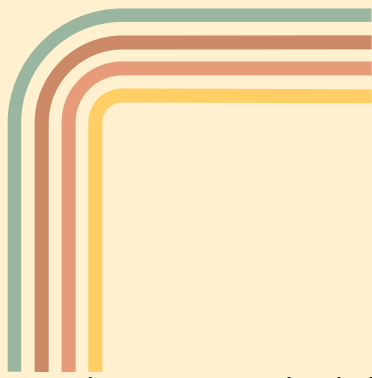
The overall aim of this service is to ensure that families identified by the Health Visitors in Blackburn with Darwen, that are unable to provide a safe sleeping space for their baby, are provided with the equipment necessary to provide a safe sleeping environment.

The bundle that a family provide with includes, a cot, mattress, two blankets, two fitted sheets and reinforced safer sleep guidance to build on what has already been discussed by Health Visitors. Additionally, a follow up visit is provided to ensure the cot is being used safely and onward referrals are identified and actioned where appropriate.

From March 2023, the service has provided 92 cots to families in need. Some safeguarding concerns were identified and families received the help they needed. The provider has formed strong links with the Health Visiting team, which has helped with the efficiency of the service and the relationship with families.



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INFORMATION**



NCMD Data Release

April 2019-March 2022

Infection Related Deaths

The National Child Mortality Database (NCMD) has released their latest data set from April 2019-March 2022 on infection related deaths in a 3-year period.

There were 1,507 infection related child deaths between 1st April 2019 and 31st March 2022. This equates to a rate of 4.20 deaths per 100,000 children per year. The most common type of infection was bacterial, followed by viral then fungal.

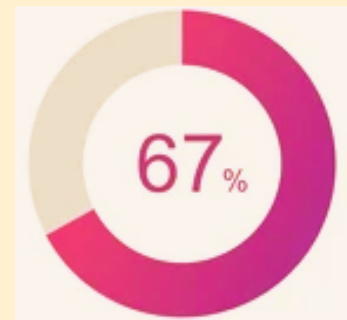
Children under 1 year of age were most at risk and children from a Pakistani ethnic background had the highest risk by ethnicity.



90% of infection related deaths occurred in children with an underlying health condition.



Children living in urban areas had a higher risk of dying from infection than those in rural areas.



67% of children who died with infection had a learning disability.

View the report: <https://www.ncmd.info/publications/child-death-infection/>



Get in touch with us at:
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or visit our website:
safeguardingpartnership.org.uk