

SAFER SLEEP PAN-LANCS GUIDANCE

A review of the current pan-Lancashire safer sleep guidance is to take place during November 23- March 24, with the new guidance hopefully being launched during the national safer sleep week in March 24.

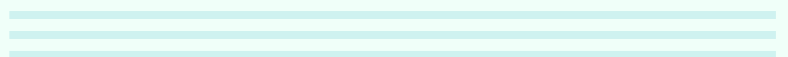
A task and finish group is currently meeting to review the old guidance and make amends to bring our guidance in line with the current guidance offered by the Lullaby Trust , NICE and BASIS, following a review that took place in Autumn 2023

SAVE THE DATE SAFER SLEEP WEEK 11-17th MARCH 2024



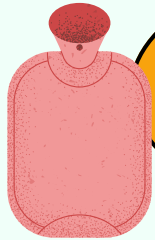
Safer Sleep Week is The Lullaby Trust's national awareness campaign to raise awareness of sudden infant death syndrome (SIDS) and the simple advice that reduces the risk of it occurring.

The date has been confirmed as 11-17th March 2024 so you can start to think about how you will raise awareness in your organisations



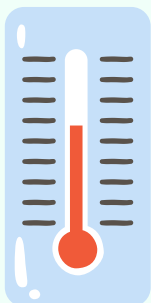


In winter, it can be hard to keep rooms warm, especially with the cost of fuel bills. The room where your baby is sleeping should be between 16 and 20 degrees Celsius



Do not place a hot water bottle in your babies cot or place them too close to a radiator or heater.

Babies should always sleep on their back with feet to the foot of the cot. Make sure that blankets are firmly tucked in and no higher than shoulder height.



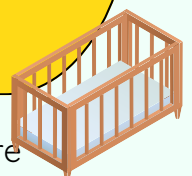
You may be tempted to add extra layers of bedding or clothing to baby but it is better for baby to be cool than too warm. Check if baby is too hot by feeling their chest or the back of their neck. If it is hot and clammy remove a layer of clothing or bedding.

Babies shouldn't sleep in outdoor clothing and make sure to remove hats when sleeping so they don't overheat.



If you are using a baby sleeping bag, no extra bedding is needed. You can change the tog depending on the season. Make sure that the sleeping bag is well fitted so baby can't wriggle down.

ALWAYS sleep baby on their **BACK**, in a **CLEAR**, flat, separate sleep space such as a cot or Moses basket.



KEEPING
HEALTHY
THIS
WINTER

Newborn Infection Prevention Campaign



The Lullaby Trust have launched their Infection Prevention Campaign for Newborns. Babies have immature immune systems, which means that they are particularly at risk from infections. These infections may be mild in older children or adults but can be life-threatening for babies. It is very important to try and stop babies catching infections, particularly in the first few weeks of life

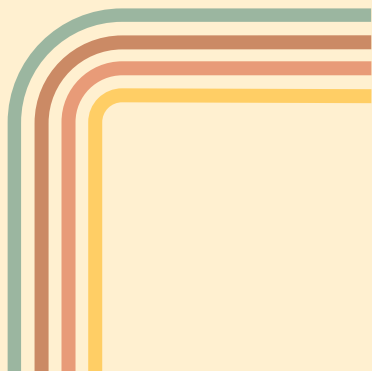
Vaccines

Vaccines protect babies from serious life-threatening illnesses, help to prevent SIDS and rarely have severe side effects. If you get vaccinated in pregnancy, it will be highly effective in protecting babies against flu and whooping cough for the first few months of life. Any child over the age of 6 months with a condition (such as asthma) that puts them at higher risk of severe complications if they get flu should also have a free flu vaccine.

Parents should be aware that fever and other signs of illness are common side effects of the '6 in 1' vaccine. When babies are unwell, extra bedding and clothing is not needed and their head should be uncovered. **If babies get too hot this can increase the risk of SIDS.**



[HTTPS://WWW.GOV.UK/GOVERNMENT/PUBLICATIO
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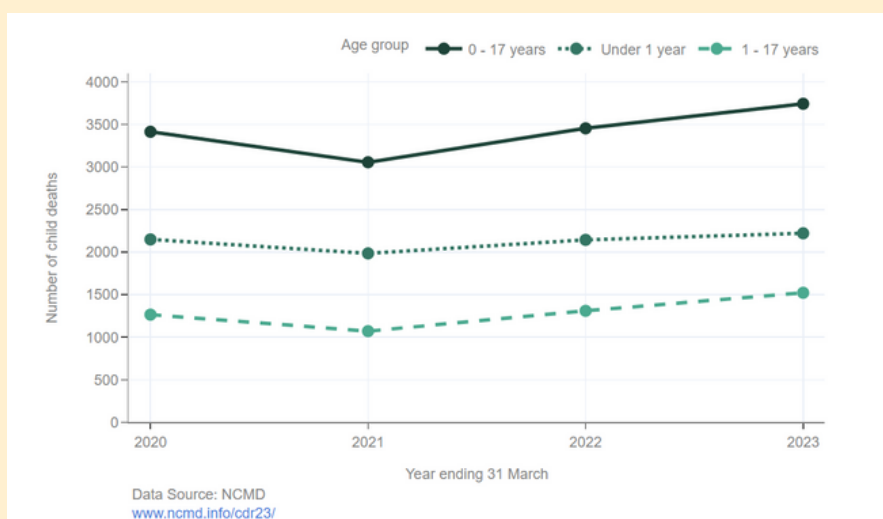
NCMD Data Release

April 2022-March 2023

The National Child Mortality Database (NCMD) has released their latest data set from April 2022-March 2023. This release summarises all child deaths reviewed by CDOP before 31st March 2023.

There were 3,743 child (0 – 17 years) deaths in England in the year ending 31 March 2023, an estimated rate of 31.8 deaths per 100,000 children. The number of deaths increased by 8% on the previous year and was the highest number of deaths in a year since NCMD started data collection in 2019.

Further data breakdown includes child death rate by region, by ethnicity, by age and by deprivation.



View the data release and download the tables here:
<https://www.ncmd.info/publications/child-death-data-2023/>



Get in touch with us at:
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safeguardingpartnership.org.uk